



Cathie News

Lake Cathie Progress Association Inc.

ABN 28 251 433 854

P.O. Box 247 Lake Cathie NSW 2445

T: 02 6584 8413

E: secretary@lakecathiepa.com

www.lakecathiepa.com

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Introducing our Secretary:

The Association is excited to introduce our new Secretary Helen Hoban. Following is her BIO.

Recently appointed Secretary of the LCPA, Helen Hoban has lived in Lake Cathie for the past five years and brings numerous skills to LCPA, given her many years in the Tourism & Hospitality Industry. Helen worked for a major Accommodation Chains as a Quality Assurance & Property Systems Manager including Staff Training. Helen and her husband Bob also managed Motels & a Resort in South Australia for a number of years before moving to Queensland to manage their own B&B.

After retiring from the Hospitality Industry Helen then worked for the Department of State Development in Gladstone, Queensland as Senior State Development Executive working with Small, Medium size businesses, and mentoring business owners with Business & Marketing Plans.

Helen has also been a volunteer with various organisations, namely, the Discovery Coast Tourism & Commerce (which included working very closely with the Gladstone Area Promotion & Development Board and Gladstone Council) also Red Cross.

Helen is very enthusiastic about Lake Cathie and its future. She has a great sense of humour. Her hobbies include travel, walking, fishing, and playing ukulele.

UPDATES from PMHC:

- **LAKE DREDGING**

You will note that Dredging commenced at the lake on Monday 21st May and is expected to take several weeks to complete. The initial dredging is replenishing the sand along the Foreshore to replace all that was destroyed and washed away with high seas when the lake was open.

- **FORESHORE MASTERPLAN**

Council have now advised, due to changes adopted by State Environmental Planning Policy {SEPP} (Coastal Management 2018) a review of Environmental Factors is required for construction in areas identified as Coastal Wetland & Littoral Rainforest Areas. This means the majority of the Masterplan improvements are identified under legislation and will therefore require a DA. The LCPA will continue to monitor this process and notify the community as and when changes are made.

- **ROUND 2 GRANT SUBMISSIONS**

LCPA applied to PMHC as part of Community Grants, Round 2 for funds to upgrade our current Webpage/Facebook. This is the first time in many years LCPA have requested a grant for improvement of communication to the community and residents of Lake Cathie. Unfortunately our application was not successful, so it's back to the drawing board to raise funds and increase our capital to have this work undertaken.

• **MEETING WITH MAYOR**

As advised in our April newsletter the LCPA Executive met with Mayor Pinson and items discussed were, Lake Dredging and Opening Strategy, Foreshore Master Plan, Ocean Drive upgrade and Traffic Counts.

*-Council voted to not change the existing Lake Opening Policy at their April meeting.

*-LCPA were advised on the 15th May that Council had not yet received the data back from the consultant regarding the Traffic Counts, but would forward it to us as soon as received.

*-Detailed Design Works north of Miala Street to Orana Drive PMHC advised “Unfortunately the concept design has been delayed due to a requirement to investigate a staged approach to the construction works.

The revised completion date of the design drawings will be the 15th June 2018 at which time community engagement will commence”.

• **FISHING PLATFORM**

As residents will now see the new footpath from the Fishing Platform to the toilet block has been completed, however we are still waiting for PMHC to complete the new Fish Cleaning Table that was part of the original design plan. The design for the table is to have drainage for fish waste as well as water connection.

LCPA will continue to follow up to ensure the table is installed and connected.

Albert & Ruth Johnston

The LCPA would like to congratulate Albert and Ruth Johnston, as well as their family and friends who arranged to have a bench installed into the park at the Community Hall in Alberts honor. As reported in our local paper, Albert was the instigator who undertook the removal and beautification of this area of parkland. In addition to this both Albert and Ruth managed the community hall on behalf of the PMHC for many many years and it is due to their tireless work that our community hall is much utilized today. Thank you Albert and Ruth from residents of Lake Cathie.

Local Identity and Author

Some of you in our community may know David Tooby as the current Vice President of LCPA. In addition to his work with the Progress Association David is the author of a recent publication called Helium & Honey, a fictional book about a brothers fishing expedition in Western Australia. You can obtain a copy of David’s book at Bookface in Port Central or online at <http://www.vividpublishing.com.au/heliumandhoney> . Enjoy the read from another talented resident living in Lake Cathie.

Great Arial Photographer

Lake Cathie is fortunate to have many talented people living in our community, another of these people is John Glover from Altitude Photographics. Altitude Photographics is a recently established Lake Cathie business specializing in Aerial Photography and Video. Flying state of the art unmanned aerial vehicles or “drones” from manufacturer DJI, to photograph and video amazing aerial imagery for a growing number of different applications and industries.

Altitude Photographics can capture images for: - **Sporting Events** – **Real Estate shoots** – **Building and Construction** – **Mapping applications** – or **Scenic photos** of your favorite location. To select from one of the range of packages available of choose a tailor made plan to suit your needs contact John on 0484 750 385 or via email at john@altitudephotographics.com.au.

Membership Drive

Over the past month the LCPC committee have been busy distributing a letterbox drop to residents of Lake Cathie. Thank you and welcome to all our new members, we are excited to have you all onboard as members of the LCPC and look forward to your support in working with us to ensure that Lake Cathie residents receive the support and funding from PMHC for the infrastructure that has been identified in our 2018-2019 Major Projects Plan.

CONGRATULATIONS TO LAKE CATHIE MEDICAL CENTRE

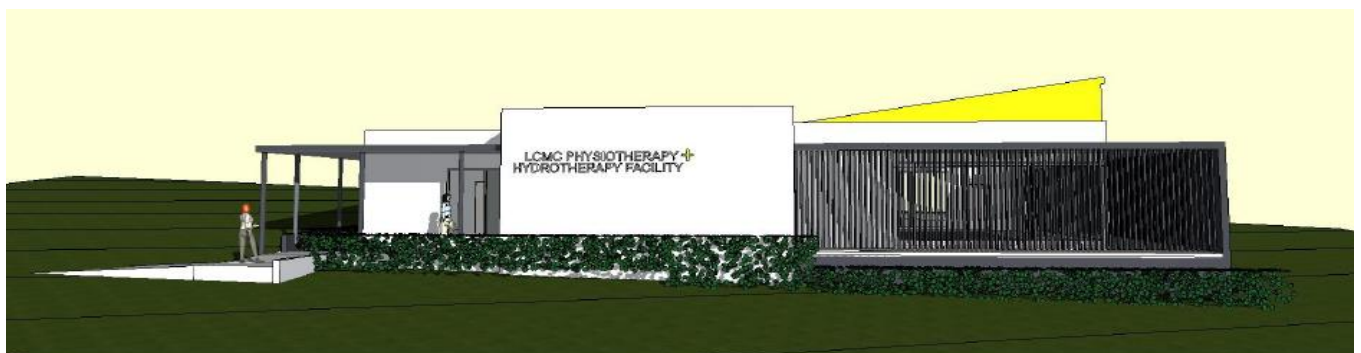
DA THROUGH FOR STAGE 4 OF THE HEALTH COMPLEX

It has taken a while but we finally have our DA approved for Stage 4 of the Health Complex. This next stage will see a stand-alone Allied Health hub providing a state of the art facility to house a Hydrotherapy Pool, Physiotherapy Practice and Rehab Centre.


Barry, Sarah & Ashleigh from the Physio Department are fully subscribed and have run out of room to increase their services. By providing additional rooms and resources, the Allied Health Hub will provide a multi-disciplinary rehabilitation service allowing for increased numbers of Physiotherapists as well as expanding Allied Health services to eventually include Occupational Therapists and Exercise Physiologists. We are also super excited about the additional of an indoor heated pool for use by our Allied Health team. Hydrotherapy is so beneficial for people that are preparing for, or recovering from, joint replacements as well as those that suffer from arthritis. Our aim is to also open up the pool to the wider community for activities such as arthritis classes, balance & mobility classes and social aqua aerobics classes – all year round.

The additional floor space within the Allied Health Hub will allow the Physio's to expand Falls Prevention Programs, Stepping On Programs & Pilates classes – this will not only increase our patients health and well-being, but help to educate on the importance of prevention.

We are now busy getting engineering reports done ready to put project out to Tender. We are hopeful we may see construction start around October/November and are expecting completion date around July next year.



As provided by the Lake Cathie Medical Centre Management.



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- Dr Antony Sheringham
- Dr Andrew Oliver
- Dr Kylie Lucas
- Dr Grahame Deane
- Dr Nadia Acland
- Dr Jean Jagger
- Dr Madeleine Holloway

WELCOMING Dr Paul Belboer and Dr Casey Bye.
TO MAKE AN APPOINTMENT PHONE: 6584 8899

OPENING HOURS: Monday - Friday 8am - 5pm
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